

What benefits will my child get from participating in Forest School?

Forest School has been seen to:-

- *Encourage emotional growth, self reliance and independence, allowing participants to take responsibility for their own learning and development
- *Promote holistic and individualised development through the encouragement of child initiated projects extended with sensitive adult support.
- *Allow development of respect and care for the natural world, and increase children's knowledge and understanding of the outdoors.
- *Improve physical strength and stamina through regular access to a varied and challenging environment
- *Increase practical skills, coordination and dexterity through the use of tools and natural resources to make chosen artefacts.
- *Help build personal and social skills and to aid the building of relationships within real life contexts.
- *Enthuse participants to transmit their experiences through writing, storytelling and pictures back in their classroom.
- *Extend knowledge and enthusiasm of the programme at home, as children are keen to show their skills and encourage family members into the outdoors

Health and Safety

The health and safety of all participants is central to everything done within Forest schools programme. Forest School leaders are fully trained in risk assessment and emergency outside first aid.

Our Forest School has ; a Health and Safety Policy; a seasonally and daily risk assessed site; risk assessments for activities; trained adult helpers; first aid and emergency equipment. Some of the activities the children participate in are 'higher risk activities' (such as campfire cooking or tool use). However, these activities are not available to the children until certain behaviours and boundaries are established. Children are encouraged and supported in recognising and managing risk for themselves, through real life situations and experiences.

For further information please see
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Fleetwood's Charity Forest School

A unique place to grow

A guide for parents



This is the best kind of classroom,
It's a journey through time and space,
From the smallest seed to the largest tree,
This is a Forest and a learning place.

This is the best kind of classroom,
Where the seasons don't happen in books.
Where the learning is watching and thinking and talking
And everyone notices, everyone looks.'
From 'The Best Kind of Classroom' by Ian MacMillan

